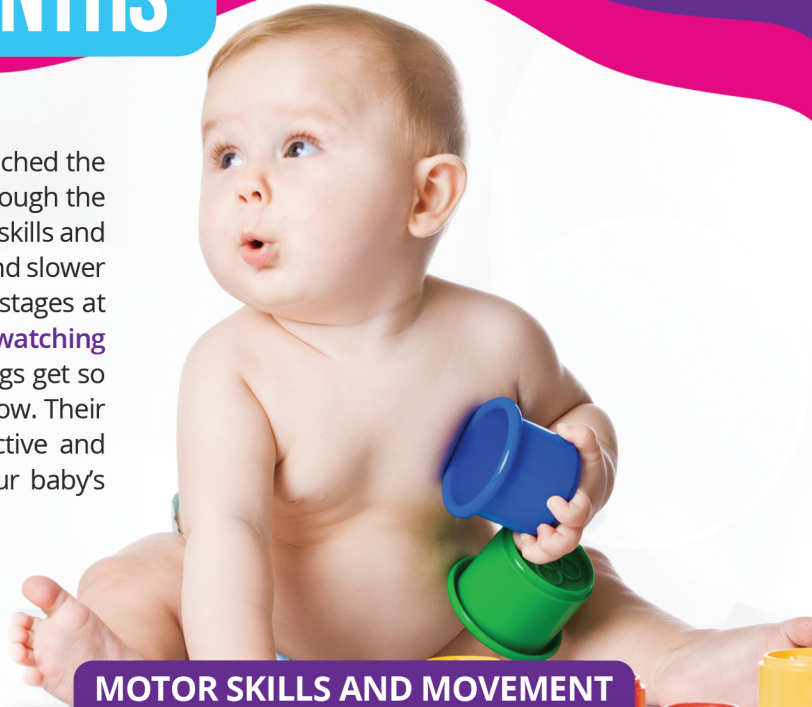


# YOUR CHILD'S DEVELOPMENT

## SIX MONTHS

At six to nine months of age, your infant will most likely have reached the milestones listed here. Your child is unique and will progress through the milestones at their own pace. Baby may be advanced with motor skills and slower with verbal skills or be developing quickly with language and slower in emotional development. Each baby will progress through the stages at different speeds and with varied mastery. **Be patient, enjoy watching your baby learn new skills, and have fun!** This age is when things get so much more fun. Your baby is becoming their own little person now. Their personality is starting to shine through, and they are more active and social. Enjoy it! If you have concerns, or are worried about your baby's development, please discuss with your health care provider.



### DAILY ACTIVITIES

- Enjoy playing with rattles and other noisy toys
- Begin to sleep through the night more frequently
- Have begun teething
- Begin to show a preference for certain foods
- Begin to play with their food
- Be more playful and enjoy simple interactive games like "peekaboo"

### EMOTIONAL DEVELOPMENT

- Begin to show mood swings
- Have developed a strong attachment to parents
- Show a deeper attachment to familiar faces
- Distinguish between adults and children
- Begin to socialize with other children via smiles
- Perhaps show fear or shyness with strangers

### MOTOR SKILLS AND MOVEMENT

- Rest on their elbows
- Begin to sit on their own or with minimal support
- Sit upright in a highchair
- Begin to make crawling motions
- Seem to want to jump by flexing knees when held in standing position
- Frequently reach with one hand for objects
- Hold an object between thumb and forefinger (pincer grasp)

### LANGUAGE DEVELOPMENT

- Make more varied sounds and squeal more
- Enjoy the sound of their own voice and begin to "speak"
- Begin to recognize their own name