

# YOUR CHILD'S DEVELOPMENT

## ONE MONTH

At one to two months of age, your infant will most likely have reached the milestones listed here. **Your baby is unique, and each baby progresses through the milestones in their own way.** Please do not hesitate to discuss any concerns you may have with your doctor.

### MORE DEPTH IN COMMUNICATION

- Appear more social and alert
- Communicate in “crying differences”—I’m hungry; I’m excited; I’m uncomfortable
- Cry when unattended, then seem happier when held
- Make “happy sounds” when content and comfortable
- Make more consistent eye contact
- Relax when making eye contact
- Seem happiest when in your arms
- Smile more consistently, especially with eye contact, and more with familiar faces

### MOTOR SKILLS AND MOVEMENT

- Still need you to support their head
- Seem more in control of their arms and legs
- Lift the chin off the ground when lying on belly
- Begin to reach and grasp for items

### VISION AND HEARING

- Begin to follow objects with their eyes
- Begin to “look around”
- Begin to look in the direction of some sounds

